



ENERGI TRAMPOLINE PARK



BEATS

JUMP THE NIGHT AWAY!
A 2 HOUR JUMP SESSION WITH
OUR RESIDENT DJ. BEATS
11 - 17 YEAR OLDS.
JUNIOR BEATS 7 - 12 YEAR OLDS

TODDLERS

EXCLUSIVE SESSIONS
FOR 2 - 5 YEAR OLDS

ENERGI BLAST

30 MINUTE FITNESS SESSION
FOR PEOPLE WHO ARE
ON THE GO!!!

BOOST

ALL INCLUSIVE PACKAGE
DESIGNED TO GIVE THE WHOLE
FAMILY A MUCH NEEDED BOOST
WITH FOOD AND DRINKS INCLUDED
IN OUR 5* CAFÉ

FIT

FOR ADULTS OF YOUR
TIRED OR BORED OF YOUR
USUAL GYM WORKOUTS?
EXERCISE ROUTINE-BASED CLASSES
JOIN OUR AEROBICS- AND ABILITIES

FRIENDLY

INCLUSIVE SESSIONS FOR
2 - 18 YEARS OLD WITH
ADDITIONAL NEEDS.
SIBLINGS WELCOME!

JUMP

JUMP, FLIP, TWIST, DODGE,
JUMP AND SO MUCH MORE!
DUNK AND OFF PEAK PRICING MIDWEEK
AFTERNOONS

B3 FITNESS

FAMOUS BEER BELLY BOUNCE (B3)
FOR MEN WITH A SENSE OF HUMOUR
WHO WANT TO GET FIT.
EASY ON THE JOINTS. RUTHLESS
ON THE FAT

FAMILY

FUN FOR ALL THE FAMILY
FROM 2 YEARS UPWARDS

	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY	SUNDAY
09.00-10.00						TODDLERS	
10.00-11.00	TODDLERS	TODDLERS	TODDLERS	TODDLERS	TODDLERS	FAMILY	FAMILY
11.00-12.00	FAMILY	FAMILY	FAMILY	FAMILY	FAMILY	FAMILY	JUMP
12.00-13.00	JUMP (OFF PEAK)	FITNESS	FITNESS	JUMP (OFF PEAK)	FITNESS	JUMP	JUMP
13.00-14.00	JUMP (OFF PEAK)	JUMP (OFF PEAK)	JUMP (OFF PEAK)	JUMP (OFF PEAK)	JUMP (OFF PEAK)	JUMP	JUMP
14.00-15.00	JUMP (OFF PEAK)	JUMP (OFF PEAK)	JUMP (OFF PEAK)	JUMP (OFF PEAK)	JUMP (OFF PEAK)	JUMP	JUMP
15.00-16.00	JUMP (OFF PEAK)	JUMP (OFF PEAK)	JUMP (OFF PEAK)	JUMP (OFF PEAK)	JUMP (OFF PEAK)	JUMP	JUMP
16.00-17.00	BOOST	BOOST	BOOST	BOOST	BOOST	JUMP	BOOST
17.00-18.00	BOOST	FRIENDLY	BOOST	FRIENDLY	BOOST	BOOST	BOOST
18.00-19.00	JUMP	JUMP	JUMP	JUMP	JNR. BEATS	BOOST	JUMP
19.00-20.00	JUMP	FITNESS	B3 FITNESS	B3 FITNESS	JNR. BEATS	JUMP	FITNESS
20.00-21.00	FITNESS		FITNESS	FITNESS	BEATS	GROWN UPS	
21.00-22.00					BEATS		



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